

VERRUCAE CONSENT FORM & PATIENT AFTERCARE ADVICE

NAME:	DOB:
ADDRESS:	
Are you likely to be Pregnant ? Y <input type="checkbox"/> N <input type="checkbox"/> History of Keloid Scarring ? Y <input type="checkbox"/> N <input type="checkbox"/>	
Reason for Treatment: Pain <input type="checkbox"/> Spreading <input type="checkbox"/> Increase in Size <input type="checkbox"/> Appearance <input type="checkbox"/> Affecting Function <input type="checkbox"/>	

EXPLANATION OF PROCEDURE

You have been diagnosed with a verruca or multiple verrucae. You now have a few different treatment options- **no treatment, over the counter treatment, cryotherapy or freezing , application of acids or verrucae dry needling** depending on your preference and the treatment deemed most appropriate by our podiatrist.

Before all treatment, the hard skin around the verrucae is removed and a weak chemical applied if the verrucae should bleed. Bleeding is common and not a problem.

If freezing is chosen, and this is usually the more convenient treatment, a cold gas is sprayed over the verruca for 3-5 times for 10 – 30 seconds and a plaster applied. Please tell the podiatrist to stop if it is getting too painful as each individual has a different pain threshold. A local anaesthetic cream can be purchased or applied before treatment at a cost of £8.00 if the treatment is painful or you are sensitive to pain - please ask for details.

If an acid is chosen the surrounding skin is covered with a protective tape and a pad with a single (or a combination of acids) is applied to the foot for approximately 1 – 7 days (average 5). A specialised cast can be purchased in order to keep the foot dry whilst bathing/showering, at a cost of £20.00, this is also suitable to keep plaster casts dry in the case of leg fractures. The review period will usually be weekly but may extend up to 4-6 weeks.

Dry needling is an innovative and highly effective treatment designed to stimulate the immune system and therefore treat the verrucae from within (please request further info).

RISKS AND SIDE EFFECTS

You need to be aware of some of the minor side effects that can occur with treatment, these can include: **Slight pain during treatment** and for a few days afterward, treatment could cause **scarring or infection**. There is a small chance that the verruca **may not resolve** even with a course of treatment.

TO GO AHEAD WITH VERRUCA TREATMENT I UNDERSTAND THE FOLLOWING: –

Treatment involves a course of treatment, normally 3–10 treatments (**AVERAGE 5-6**) are needed. A guarantee cannot be given as veruccae are caused by the Human Papilloma Virus.

SOME INDIVIDUALS FAIL TO RESPOND TO TREATMENT

PRICING POLICY

Assessment & Treatment (1st treatment) £45.00.

Verrucae Reviews £40 (for up to 3 verrucae). Extra verrucae charged at £5.00

A charge of £40 will be levied if less than 24hrs notice is given for a missed/cancelled appointment.

Dry needling is offered as a course of treatment from £250.

I hereby agree to the above & consent to the following treatment: _____

Your typical cost of treatment will be (1st/reviews) _____

Patient / Parent / Guardian Signature: _____

Printed Name: _____

I confirm that I have fully explained to the patient / parent / guardian the nature and effect of the treatment stated above and have given a copy of this form to the patient. It is not always necessary to treat verrucae, particularly in children. After treatment please follow the advice below.

Signature of Podiatrist : _____

Name of Podiatrist: _____

Date : _____

AFTERCARE INSTRUCTION FOR VERRUCAE TREATMENT

Please follow the aftercare advice below:

1. Return for reviews this is normally within 7 – 14 days as the best results are achieved this way.
2. If you suffer from pain following treatment take an analgesic such as paracetamol, wear suitable footwear, and rest the area.
3. After treatment advise our podiatrist if the pain was severe, as milder acids can be selected and the area can be frozen for less time. The aim is to get rid of the verrucae, not cause severe pain.
4. You can stop treatment at any point but you must return for 1 review following acid treatment to check for any complications. When being treated with acids keep the dressing dry and avoid sports as water or sweat will dilute the acids and cause the pad to move.
5. If the area is tender following treatment protect the area by applying a plaster or some padding available from most chemists.
6. If a blister forms following treatment try to avoid piercing it unless it is very painful, if you do pierce the blister do so with a sterile instrument and apply an antiseptic dry spray such as salvon and a sterile dressing to avoid infection.

I have read the aftercare instructions and have received a copy of this form.

Patients Signature: _____

Date: _____