

Verrucae Treatment Dry Needling

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FEET IN FOCUS
Podiatry & Musculoskeletal Services

www.feetinfocus

PATIENT AGREEMENT TO DRY NEEDLING VERRUCAE TREATMENT

Patient's surname	First name
	Date of birth/...../.....

Name of proposed procedure or course of treatment:

Verrucae dry needling, the introduction of a sterile needle into a verrucae to provoke an immune response and resolution of a verruca or verrucae. It requires a local anaesthetic injection to numb the foot

I have explained the procedure and what it will involve to the patient. In particular, I have explained;

The following intended benefits:-

Resolution of verrucae and reduction or eradication of pain

The following serious or frequently occurring risks:

- 1. Allergic reaction to anaesthetic. 2. Post operation / treatment pain.**
- 3. Faintness from injections. 4. The treatment may not resolve the verrucae.**
- 5. Infection. 6. Nerve damage as a result of the injection to numb the foot.**

I have also discussed the benefits and risks of any available alternative treatments (including no treatment) and any particular concerns the patient had.

Signed:.....
Podiatrist

Name (PRINT)
Date/...../.....

To be completed by the patient

I confirm that the procedure has been satisfactorily explained to me and that I wish to go ahead with the procedure.

Patient's signature Date...../...../.....
Name (PRINT)
Address
.....

To be completed by the podiatrist on the day of the procedure

Confirmation of consent: On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the procedure to go ahead

Signed :.....
Podiatrist

Name (PRINT)
Date.....

DRY NEEDLING JAN2016_CURRENT HANDOUTS_VERRUCAE_MDV

VERRUCAE NEEDLING / CUTANEOUS IMMUNE STIMULATION

Verrucae or plantar warts are often painful and difficult to treat; choosing the right form of treatment will largely depend on your own individual circumstances (if treatment is indeed needed all).

Verrucae Needling is a relatively simple and pain free treatment provided by our podiatrists at Feet in Focus. The treatment is often only mildly uncomfortable as a local anaesthetic is used to 'numb' the treatment area.

BENEFITS

- 1. Convenient-** typical verrucae treatments such as acids need to be performed every 7-14 days for 6-10 treatments.
- 2. Cost effective** (when compared to a weekly acid or cryosurgery)
- 3. Reduced pain-**performed under local anaesthetic as usually only minor pain is experienced for a short period of time

COSTINGS

Verrucae dry needling is provided as a course of treatment at Feet in Focus by our H.C.P.C. registered podiatrists. The treatment includes:

1. Initial assessment
2. Dry needling treatment (including local anaesthetic)
3. Review appointment (normally 1-2 appointments)

Price £250 (dependant on number of verrucae and anaesthesia required).

DISCLAIMER

Although verrucae needling was described as far back as 1969 by a podiatrist Doctor Falknor (paper available on email by request) and has been used routinely by podiatrist in the UK, USA and Australia, few medical papers exists which detailing the levels of success. As with all verrucae treatments no guarantee of success is given when treating verrucae as treatment of viral infections can often be unpredictable.

ALTERNATIVE TREATMENTS

1. Cryotherapy (freezing)
2. Acids treatments ranging from mild over the counter preparations to strong concentrations applied by our podiatrists in clinic with weekly reviews.
3. Duct tape
4. Nail Varnish
5. Occlusion 6. No treatment