

# Feet in Focus

## Routine Podiatry / Chiropody Assessment & Treatment



**FEET IN FOCUS**  
Podiatry & Musculoskeletal Services

[www.feetinfocus](http://www.feetinfocus)

## **Feet in Focus Standard Podiatry / Chiropody Treatment**

### **Did you know that on average our feet take us through 10,000-20,000 steps a day?**

We often forget our feet work as hard as the rest of our body and that they regularly require specialist attention and treatment. In fact 9 out of 10 people will have experienced problems with their feet before the age of 30.

At Feet in Focus, we have the expertise and experience to help you start looking after your feet. So why not treat yourself to a standard podiatry treatment today.

Our Podiatrists are registered with The Health & Care Professions Council (HCPC) and are Members of The Society of Podiatrists and Chiropodists with over 13 years degree qualified experience (BSc (Hons) in Podiatry).

We are registered with the major health insurance companies including: BUPA, Aviva, CIGNA, WHA and Simplyhealth (see website for full list).

### **What foot conditions are typically treated in a Standard Podiatry Treatment?**

- ✓ Corns, callus, dry, hard and cracked skin on all areas of the foot.
- ✓ Painful, thick, yellow, ingrowing and fungal infected toenails.
- ✓ Foot infections such as athlete's foot, fungal infections verrucae and warts.
- ✓ All foot problems associated with **diabetes**.
- ✓ Skin conditions such as eczema, psoriasis and dermatitis.
- ✓ Foot and Postural Pains.

### **What's included in a Standard Podiatry Treatment?**

- ✓ Warm soothing and conditioning footbath
- ✓ A full review of medical history and medication.
- ✓ Our HCPC Registered Podiatrists will take time to understand any concerns you may have about your feet.
- ✓ Hard skin and corns will be gently removed and nails trimmed and filed.
- ✓ The treatment is normally completed with the application of a foot moisturiser or a cooling foot spray.
- ✓ Our HCPC Registered Podiatrists will provide you with a treatment plan and advice on how to keep your feet healthy and in optimal condition.
- ✓ If required our podiatrists can explain the other services we offer such as biomechanical assessment for postural pain and sports injuries.

**If you wish to book an appointment please call (02920) 644900 or email [info@feetinfoocus.com](mailto:info@feetinfoocus.com)**