

FOOT ORTHOSES TREATMENT PLANS

Prescription or tailor made foot orthoses are special shoe inserts designs to support the foot and enable it along with the rest of the body to function more efficiently; they form an important part of the treatment provided by our podiatrists alongside exercise plans, footwear advice and physical therapies.

Our prescription (tailor made) foot orthotic devices last on average 3-5 years, although the softer elements such as the top covers of the orthoses may need more frequent replacement. **Tailor made foot orthoses are not always needed by all individuals and so our podiatrists are also able to offer economy and semi bespoke orthoses if tailor made orthoses are not deemed necessary (see below).**

A biomechanical assessment is required before tailor made orthoses are manufactured, only after completing an extensive assessment of your foot and body posture and from analysing your walking gait are we able to custom make the device that will suit your needs (foot shape/ injury etc). Our biomechanical assessment is an extensive assessment using traditional examination techniques and sophisticated video gait analysis equipment and analytical software.

ORTHOTIC TREATMENT PLAN

Included in the price of our tailor made orthoses is a 15-30 minute casting appointment (captures the exact shape of your feet), your pair of tailor made foot orthoses and a 15-30 minute fitting appointment to ensure your orthoses fit your feet correctly and to review your progress if you have been advised to perform specific exercises.

TAILOR MADE ORTHOSES (custom made to your exact requirements)

A). Standard fit orthoses. Priced at £260

Our most population tailor made orthoses

B). Extended or full length sports orthoses. Priced at £285

C). Fashion or slim fit orthotic for high heeled shoes. Priced at £285

D). Carbon Fibre Orthotic. Priced at £300-325

Carbon are the thinnest and most hard wearing of orthoses for when only the best will only do.

SEMI BESPOKE ORTHOSES

E) Semi Bespoke orthoses. Priced at £175 or £200 full length

Manufactured from measurements of your feet but not from a cast.

F) Economy / Professional Mass Produced Orthoses .Priced at £50-100

These orthoses are not custom made and normally need replacing every 9-12months.

PAYMENT TERMS

A 50% deposit is taken before prescription orthoses are ordered; the balance is paid on fitting of the device. Review appointments are charged at £40 however alterations to our orthoses within a 3 month period of manufacture are made at no extra charge.