

PRESCRIPTION ORTHOSES TREATMENT PLANS

Prescription foot orthotic devices form an important part of the treatment provided by our podiatrists alongside exercise plans, footwear advice and physical therapies. Our custom foot orthotic devices last on average 3-5 years, although the softer elements of the orthoses may need more frequent replacement. Custom or prescription made orthoses are not always needed by all individuals and our podiatrists are also able to offer economy orthoses if prescription made orthoses are not deemed necessary (see below).

A biomechanical assessment is required before foot orthoses are manufactured, only after completing an extensive assessment of your foot and body posture and from analysing your walking gait are we able to custom make the device that will suit your needs (foot shape/ injury etc). Our biomechanical assessment is an extensive assessment using traditional examination techniques and sophisticated video gait analysis equipment and analytical software.

Orthotic treatment plans

Included in the price of our custom or prescription orthoses is a casting appointment (your foot is wrapped in plaster of paris to capture the exact shape of your foot), your pair of tailor made foot orthoses and a fitting appointment to ensure your orthoses fit your feet correctly and to check your progress if you have been advised to perform specific exercises or buy particular footwear or sports training shoes.

Custom Foot Orthotic Plans

1. Casting appointment (15-30 minute appointment)
2. Prescription orthoses tailor made to your individual needs
3. Fitting appointment (15-30 minute appointment).

A). Orthotic treatment plan 1. Priced at £250

This is for a standard fit orthotic device

B). Orthotic treatment plan 2. Priced at £275

This is for full length sports orthotic or extended length standard fit orthoses

C). Orthotic treatment plan 3. Priced at £275

This is for a slim style orthotic device and is suitable for fashion and high heeled shoes

Payment

A 50% deposit is taken before prescription orthoses are ordered; the balance is paid on fitting of the device.

Typical manufacture takes 3-4 weeks, a rush order can be placed for an additional £20

Review appointments are charged at £40 however alterations to our orthoses within a 1 month period of manufacture are free of charge.

Carbon Fibre

Carbon fibre orthoses can be requested at an additional charge of £50, these are the lightest, thinnest and most hard wearing of orthoses for when the best will only do. These orthoses are not suitable for all due their rigidity; please ask for details.

Economy Option

Cheaper mass produced non custom made orthoses can be purchased if you wish to, these retail from £50 to £100 depending on your exact requirements, these orthoses are not custom made and normally need replacing every 6-12months.